



The Finnish Rorschach Association ry

The Autumn Seminars of The Finnish Rorschach Association

November 22 & 23, 2019, Tampere, Finland

- Co-sponsored by the Therapeutic Assessment Institute -

“Using the Rorschach and Projective Methods in Therapeutic Assessment”

Filippo Aschieri, Ph.D. (Università Cattolica del Sacro Cuore, Milano, Italy)



Time: Friday, November 22, 2019, from 10:00 to 16:45
Saturday, November 23, 2019, from 9:00 to 15:45

Place: Attilan toimistotalo, Yliopistonkatu 38, 33100 Tampere

Fee: 250 € (VAT 0%; includes lunch and coffee)

Registration: Registration is open to members of The Finnish Rorschach Association, the Danish Rorschach Society, the Swedish Rorschach Society, The Norwegian Rorschach Society & the Therapeutic Assessment Institute community. Please send an e-mail to our treasurer, Joonas Suominen, by November 11, 2019. E-mail: joona.suominen@icloud.com. After registration, you will receive an invoice including a reference number for payment.

Abstract

Therapeutic Assessment (TA, Finn, 2007) is a brief psychological intervention based on the use of tests. One of the most important goals of TA is to help clients transform their narratives from overgeneralized, rigid and not contextualized, to versions that are more sensitive to the influences of the environment. Clients' stories can change when clients are cognitively and emotionally supported in taking into account the discrepancies between how they learned to perceive and make sense of themselves and the world in the past, and a new understanding that is co-created with the clinician during the TA process. The clinician, by actively using the information from the testing during the TA process, has the opportunity to help clients revise their pre-existing narratives, integrating in a more accurate and consistent manner new elements of the past and present reality.

Day 1 will illustrate the theoretical background that helps clinicians conceptualize cases and the technique of the Extended Inquiry (EI). The EI is a semi-structured collaborative discussion with clients on the experience and on the contents of the testing immediately after these are administered according to standardised guidelines. Participants will learn the theory of the EI technique, and will observe it in practice through two clinical cases.

Day 2 will introduce the Intervention Session (IS). The IS is based on a comprehensive case conceptualization of the client's struggles based on the formal testing. It aims at providing clients the opportunity to discover and possibly start healing crucial elements of their psychological difficulties. The IS is based on the use of psychological testing intended as basis for a psychological intervention. Participants will learn to plan an IS and will observe it in practice through two clinical cases. Finally, participants will observe the Summary and Discussion Session of a case with a particular emphasis on the use of the Rorschach.

DAY 1 (Friday, November 22, 2019)

9:45: Coffee

10:00–12:45: Part 1 (including 15 min coffee break)

10:00-11:00 The Therapeutic Assessment model: steps & research findings

11:15-12:45 The administration of standardized measures: a focus on the Extended Inquiry of the Rorschach (theory & case discussion)

12:45–13:30: Lunch

13:30–16:15: Part 2 (including 15 min coffee break)

13:30-15.00 The administration of standardized measures: a focus on Extended Inquiry of the Wartegg (theory & case discussion)

15:00-16:00 Discussion

DAY 2 (Saturday, November 23, 2019)

8:45: Coffee

9:00–11:45: Part 1 (including 15 min coffee break)

9:00-10:30 The assessment intervention session: a focus on the AAP (theory & case discussion)

10:45-11:45 Planning and conducting an Intervention session with the AAP/Rorschach

11:45–12:30: Lunch

12:30-13:30: FRA General Assembly (FRA members only)

13:30–16:00: Part 2 (including 15 min coffee break)

13:30-15.00 Summary and discussion: a focus on the Rorschach (theory & case discussion)

15:15-16:00 Discussion

Filippo Aschieri, Ph.D., is a licensed psychologist and assistant professor of psychology at Catholic University of Milan, Italy. He is one of the Coordinators of the European Center for Therapeutic Assessment at the same University. Dr. Aschieri has published 28 papers on peer-reviewed journals on Therapeutic Assessment, Self-curiosity and collaborative use of testing. Dr. Aschieri received the Award for the integration of science and practice from the Journal of Contemporary Psychotherapy for the best paper in diagnosis and assessment published in 2017 and the Martin Mayman Award for Distinguished Contribution to the Personality Assessment Literature from the Society for Personality Assessment in 2013. He is currently serving as Associated editor of *Rorschachiana*. A Fellow of the Society for Personality Assessment, Dr. Aschieri is certified in Therapeutic Assessment with adult clients, families with children and adolescents, and couples. He is currently serving as Vice-President of the Therapeutic Assessment Institute, a non-profit organisation aiming to inspire hope and promote positive mental and behavioral health around the world through individualized, collaborative, and empathic psychological assessment practice, education, and research.