



Kutsu PhD. Piero Porcellin workshopiin 30. – 31.3.2012



Aika: Perjantai 30.3. klo 10.00 – 17.00

Lauantai 31.3. klo 9.00 – 17.00

Paikka: Sokos Hotelli Presidentti, Eteläinen Rautatiekatu 4, Helsinki

Osallistumismaksu: 220 € (alv 0%), hintaan sisältyy lounas ja kahvit.

Ilmoittautuminen: taloudenhoitajalle 14.3.2012 mennessä Ilmoittautumisen jälkeen saat vahvistuksena viitenumeraalla varustetun laskun.

Friday 30.3.2012. The role of the Rorschach in contemporary psychosomatic medicine

In the first part of the workshop, key concepts and new research data on contemporary psychosomatic medicine will be discussed. A preliminary list of topics might include:

- subjective experience of the body and objective medical knowledge
- neuroscience and somatic symptoms
- physical illness and psychological aspects (the example of cardiovascular disorders)
- relationships between somatic health, psychological factors and genetic predisposition (the examples of inflammatory activity and attachment patterns)
- neurobiology of emotions and affective development
- early mother-infant relationships and later implicit health-related behavior

The second part will focus specifically on the use of the Rorschach test in the psychosomatic setting. In particular, the discuss will deal with

- differences of Rorschach testing in the psychological and psychosomatic settings
- data from the literature on the Rorschach applied to medical disorders
- examples of recent high-quality Rorschach studies in psychosomatic medicine: the examples of type I diabetes and eating behavior
- Rorschach data on alexithymia
- Rorschach data on stress perception in chronic medical diseases

Saturday 31.3.2012. Case discussion

The discussion will focus on 2 clinical cases. Both cases will be discussed by examining Rorschach protocols but also by considering multimethod assessment with other personality measures (e.g., MMPI-2 and the SWAP) and self-report scales (e.g., IAS and CORE-OM).

The first clinical case is a male patient with chronic somatization who was treated with short-term cognitive-behavior therapy for 3 months. The second clinical case is a woman with an immune disease (selective IgA deficit) and severe alexithymia who was treated with long-term psychodynamic psychotherapy for 4 years. This case includes the discussion of Rorschach data before and after psychotherapy.



The Finnish Rorschach Association for the Comprehensive System r.y.

Piero Porcelli, PhD, is a clinical psychologist, executive head of the Clinical Psychology Unit of the IRCCS De Bellis Gastrointestinal Hospital in Castellana Grotte, Italy, and an associate professor at the Clinical Psychology School of the University La Sapienza of Rome, Italy. He served as Editor of the Bulletin of the International Rorschach Society from 2003 to 2009, is qualified as “psychosomatic specialist” by the International College of Psychosomatic Medicine (ICPM) and is Fellow of the Society for Personality Assessment (SPA). He is member of the editorial board the journals “Psychotherapy and Psychosomatics”, “Rorschachiana”, “Research in Psychotherapy”, and “Psychomedia.it”).

His main publications on peer-reviewed journals in the last few years include:

- Porcelli P, Mihura J. Assessment of alexithymia with the Rorschach Comprehensive System: The Rorschach Alexithymia Scale (RAS). *Journal of Personality Assessment* 2010; 92: 128-136.
- Tulipani C, Morelli F, Spedicato MR, Maiello E, Todarello O, Porcelli P. Alexithymia and cancer pain. The effect of psychological intervention. *Psychotherapy and Psychosomatics* 2010; 79: 156-163.
- Porcelli P, Rafanelli C. Criteria for Psychosomatic Research (DCPR) in the medical setting. *Current Psychiatry Reports* 2010; 12: 246-254.
- Fava GA, Porcelli P, Rafanelli C, Mangelli L, Grandi S. The spectrum of anxiety disorders in the medically ill. *Journal of Clinical Psychiatry* 2010; 71: 910-914.
- Porcelli P. Rorschach Comprehensive System predictors of bio-psychological distress in patients with chronic disease. *Rorschachiana* 2010; 31: 143-171
- Giromini L, Porcelli P, Viglione DJ, Parolin L, Pineda JA. The feeling of movement: EEG evidence for mirroring activity during the observations of static, ambiguous stimuli in the Rorschach cards. *Biological Psychology* 2010; 85: 233-241.
- Caretti V, Porcelli P, Solano L, Schimmenti A, Bagby RM, Taylor GJ. Reliability and validity of the Toronto Structured Interview for Alexithymia in a mixed clinical and nonclinical sample from Italy. *Psychiatry Research* 2011; 187: 432-436.
- Pineda JA, Giromini L, Porcelli P, Parolin L, Viglione DJ. Mu suppression and human movement responses to the Rorschach Test. *NeuroReport* 2011; 22: 223-226.
- Guidi J, Fava GA, Picardi A, Porcelli P, Bellomo A, Grandi S, Grassi L, Pasquini P, Quartesan R, Rafanelli C, Rigatelli M, Sonino N. Subtyping depression in the medically ill by cluster analysis. *Journal of Affective Disorders* 2011, 132: 383-388.
- Fava GA, Guidi J, Porcelli P, Rafanelli C, Bellomo A, Grandi S, Grassi L, Mangelli L, Pasquini P, Picardi A, Quartesan R, Rigatelli M, Sonino N. A cluster analysis derived classification of psychological distress and illness behavior in the medically ill. *Psychological Medicine* (in press)
- Picardi A, Caroppo E, Porcelli P, Di Maria G, Munitola G, Martinotti G. Alexithymia and severe psychopathology: a study on psychiatric inpatients. *Psychopathology* (in press)
- Porcelli P, Tulipani C, Di Micco C, Spedicato MR, Todarello O, Maiello E. Temporal stability of alexithymia in cancer patients following a psychological intervention. *Journal of Clinical Psychology* (in press).

He is also author of some books including *Il test di Rorschach secondo il sistema di Exner* [*The Rorschach test with the Comprehensive System*] (co-authored with J.Exner) (Erickson, 2002), *Psychosomatic medicine and the Rorschach test* (Psimatica, 2004), *Psychological factors affecting medical conditions: a new classification for DSM-V* (Karger, 2007), *Medicina psicosomatica e psicologia clinica* [*Psychosomatic Medicine and Clinical Psychology*] (Cortina, 2009), and the guest editor of the special issue of the *Journal of Psychosomatic Assessment* on *Personality Assessment in Medical Setting* (2007).